



10
YEARS

♥ Tabletochki
**FIGHTING
CHILDHOOD
CANCER
TOGETHER**

Report
for the 4th quarter

2021

“My Taya has been fighting blood cancer for a year now. She is super happy when we are released from the hospital to the foundation’s outpatient apartment. Sometimes her twin sister Ania comes for a visit.

I would like to thank the donors for this opportunity and the valuable medicines, without which Taya’s treatment would not have been possible. Thank you very much to everyone!”

Ruslana, Taya’s mother

Taya from the Vinnytsia region waited for donor bone marrow cells for four months. Transplantation was constantly delayed. Thanks to the medicines you helped buy for Taya, the girl has continued the life-saving treatment.

In December, it was 100 days after the bone marrow transplant. This is an important milestone when it becomes clear whether the donor cells engraft. The cells in Taya’s body are engrafting.

Thanks to your help, Taya and her sister Ania met the first snow of this winter together.



Taya and her mother Ruslana at the Okhmatdyt’s Bone Marrow Transplantation Unit

You cover children's basic needs of medicines, rehabilitation, palliative care. And you make large systemic projects possible: improving the infrastructure of Kyiv and regional cancer centers, protecting the interests of children at the state level, and training medical professionals.

Thank you for this! Together we can beat childhood cancer!

In October-December 2021, your assistance was received by:

712 children and their families, including:

26 children who needed examination and treatment abroad

39 families under our palliative care program

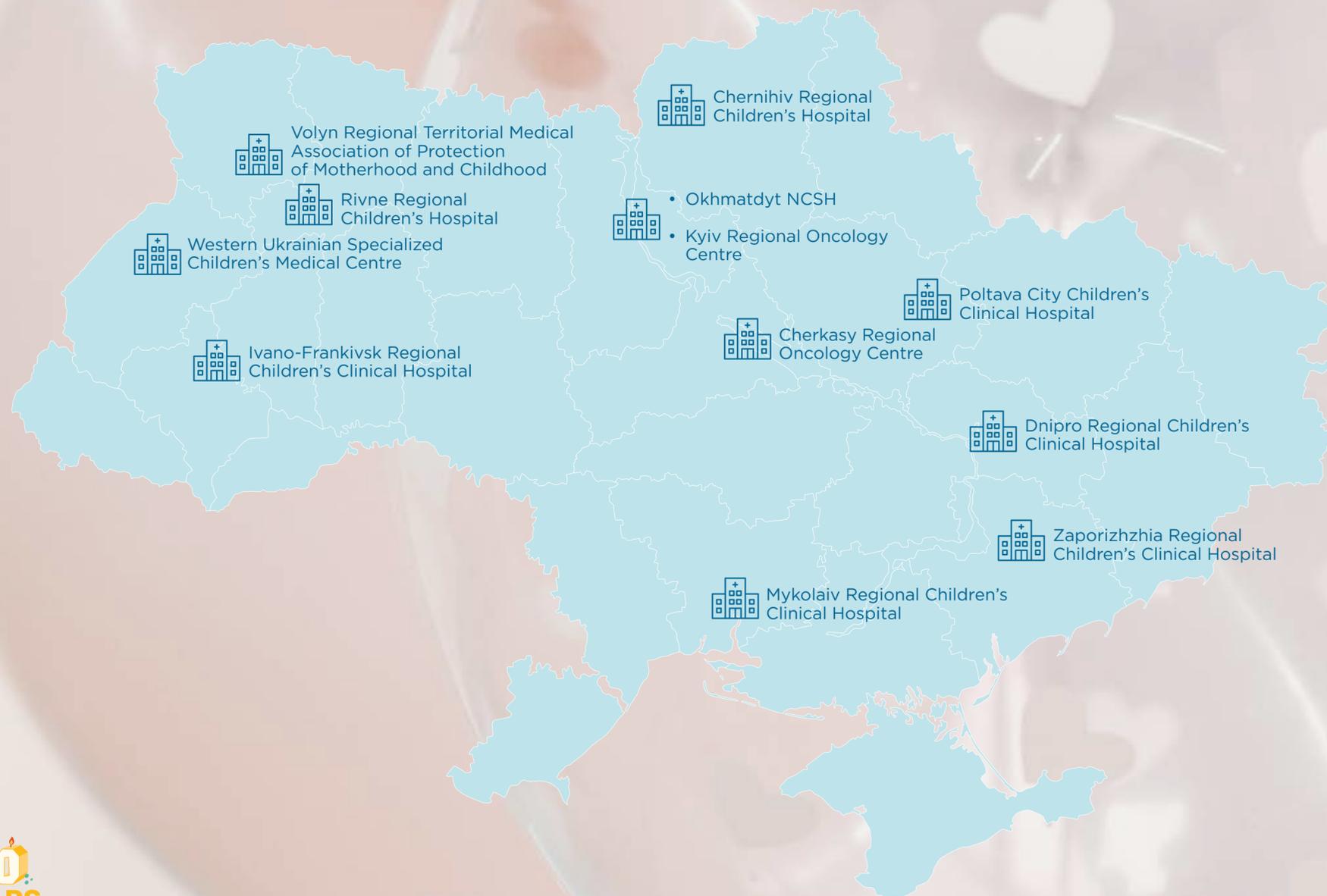
18 cancer units across the country

68 medical professionals who were trained in Ukraine and abroad



Seven-year-old Lukyan on the day he was discharged from the oncology unit

Thanks to you, 18 cancer units received equipment, medicines, consumables, and laboratory reagents worth UAH 19.3 million



An X-ray system for the irradiation of donated blood has been purchased for the Western Ukrainian Children's Specialized Medical Center in Lviv at the cost of **UAH 8 million**.

And the neurosurgery department of the National Children's Specialized Hospital "Okhmatdyt" received consumables worth **UAH 1.8 million**. That's enough stock for six months.

It is not enough to install new equipment. To make it work and help children, consumables are needed. I am grateful to everyone who has helped to purchase them! We can do the most complicated operations and treat children better with it!

Pavlo Plavskyi, head of the neurosurgery department at Okhmatdyt

250 health professionals vaccinated against the flu

The treatment of children largely depends on health staff. Professional, tireless, and dedicated. And protected.

Thanks to you, it was possible to buy flu vaccines for Okhmatdyt's health care staff. 250 doctors were immune to the severe viral disease, and children could receive treatment safely and uninterrupted.

Thank you for helping doctors and nurses protect themselves and their patients!



Okhmatdyt doctors
with their patients

News from the children rights protection sector

The Foundation experts joined the development of new specifications for health service packages

Every year, the National Health Service of Ukraine approves the specifications and conditions for the procurement of health services under the different areas (packages). Patients will be treated free of charge under these packages, and health care facilities will receive funding from the state budget. The Foundation experts have joined the development of package specifications for 2022 in the following areas:

- chemotherapy in cancer treatment;
- radiotherapy in cancer treatment;
- oncohematology and hematology;

- mobile palliative care;
- hospital palliative care.

These packages include treatment for both children and adults at the same time. Unfortunately, our proposal to put pediatric oncology and hematology in a separate single package was not taken into account this year. This can have a negative impact on the quality of treatment for children. Because, firstly, the requirements for hospitals treating adults — e.g. number of intravenous drips per patient, number of nurses, availability of certain equipment, access to oxygen, high-precision diagnostics, requirements for the safety of donated blood, etc.

— are usually lower than for hospitals with pediatric oncology units, also because of the much higher number of adult oncology patients than pediatric patients. Secondly, the division into oncology and hematology is an outdated practice: putting different requirements to an institution that treats children, for example, with bone cancer and children with blood cancer, has no objective basis.

Families who have spent long months in illness regime find such trips very important. They do help to get back to normal life more quickly. Thanks for making this possible!

Educational program updates

The international traineeship is renewed

Regular international trips within the framework of our education program, which stopped at the beginning of the pandemic, resumed in the fourth quarter of 2021.

The most significant foreign events of the quarter were the following:

- Training for oncologists and hematologists at the Princess Máxima Center for Pediatric Oncology in the Netherlands. Six doctors from Lutsk, Poltava, Lviv, Kherson, Kyiv,

and Rivne took the first module of the pediatric oncology course at this institution. This course will continue in 2022-2023.

- Ksenia Bolgarina, a pediatric oncologist at the National Cancer Institute, undergoes a study course at the King Hussein Cancer Center in Jordan. The traineeship lasted a month. Ksenia brought new treatment standards to Ukraine and held a roundtable discussion with her colleagues to share her new knowledge. This was the first traineeship in Jordan in the series planned for 2021-2022.





Three head nurses received grants from Tabletochki Foundation

For the second year in a row, graduates of the School of Leadership for Head Nurses compete for grants from the Foundation to bring their projects to life in their departments.

This year, six nurses took part in the competition. Three of them have won grants:

- **Olena Trofimenko** from the neurosurgery department at the Dnipro Regional Children's Hospital, for equipping the department's manipulation room with modern equipment, which will make the treatment of children less painful and the nurses' work in the room safer.
- **Anna Polyukhovych** from the oncohematology department of the Volyn Regional Territorial Medical Association for the Protection of Motherhood and Childhood in Lutsk, equipping the department with lifting

systems to make it easier for nurses and parents to move critically ill children around the department.

- **Snizhana Shmygeliuk** from the neurosurgery department of the same hospital in Lutsk, for the improvement of the manipulation room. The hospital will carry out the repairs, and the grant will provide the office with modern furniture and equipment.

Thanks to the nurses for leading the way and caring!

News from families under our care

Winning families visit open-air museum in Pyrogovo in the Kyiv region

To make the memories of the trip more memorable for families, we organized a stylized photo shoot for them.

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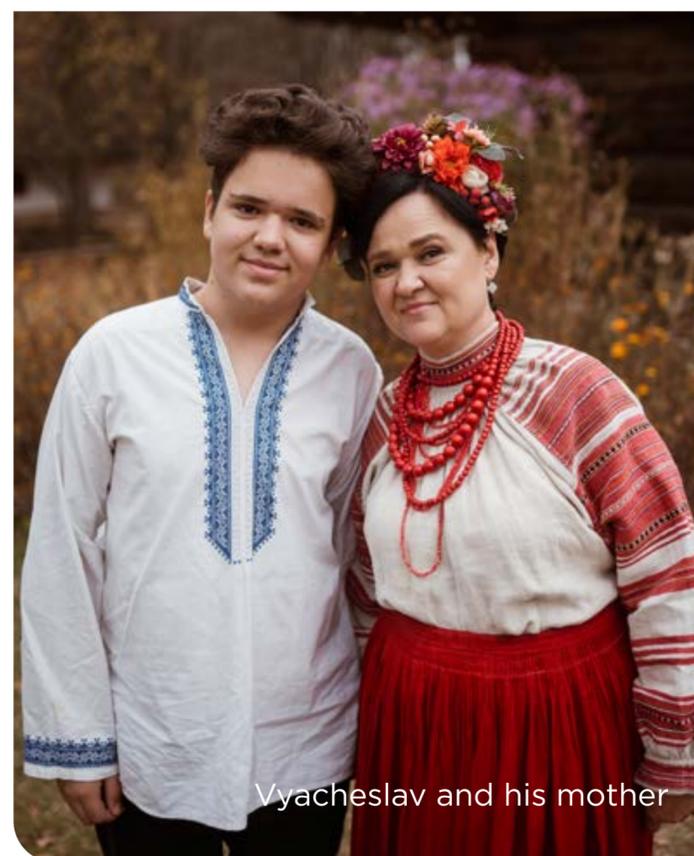
Thanks for making this possible!



Bozhena



Marko (right) with his brother
Roma and grandmother



Vyacheslav and his mother



Varya



In the middle of Indian summer, four families of our palliative care program spent almost a week in the countryside

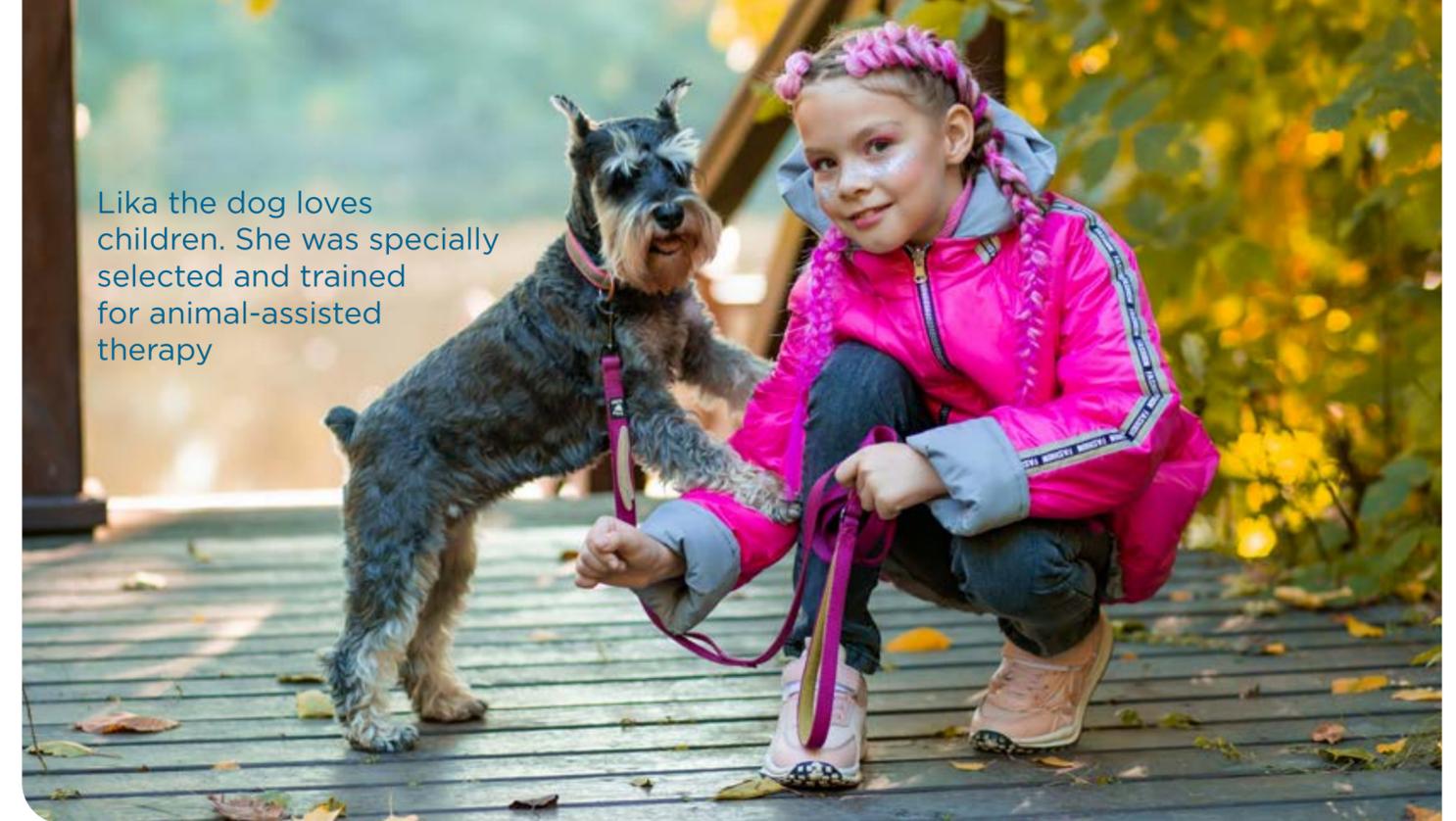
The children and their parents were accompanied by volunteers, a psychologist, a music therapist and a dog handler with dogs Lika and Skif, specially trained for therapy.

The Lisotel Hotel amongst the woods has become a place to replenish the strength families under the palliative care program need.

Adults and children had separate camp programs. And on the final evening before their departure, families learned how to bake fresh bread during a workshop arranged for them by the hotel. Adults and children were dancing, singing, and chatting around the campfire.

Later in November, the families received another gift — photo albums with pictures from this trip, to make memories of it last for years to come.

Thank you for giving families in the palliative care program the opportunity to feel so much love and care!



Lika the dog loves children. She was specially selected and trained for animal-assisted therapy



In the fresh air, the families were truly distracted from their daily worries



A graduation party for the families who have lost their children was held in a third psychosocial support group

Eight families — 11 adults and 7 children — have completed an entire cycle of meetings. They smiled and hugged each other, sharing warm words and reminiscing about many things.

Psychologists Alla Antonova and Dana Nagorna held sessions for the families in a retrospective of a year and a half of work. Children played with volunteers and took part in a workshop painting with liquid acrylic.

There were a celebration cake, photo session, and keepsakes. After all, life goes on. Thanks for making families feel this way!



Many families come with children. Volunteers and child psychologists work with the children



The children — cancer winners, learned chemistry at a five-day winter camp

Once treatment is complete, a long period of renewal begins for children. To help children return to normal life more quickly, there is a psycho-social rehabilitation program at the Foundation.

One of the program's directions is a “Barrel of Lemonade” club where children socialize with each other and with psychologists.

Before the New Year holidays, 19 children and teenagers — participants in the club immersed in chemistry with teacher Natalia Zaitseva. Children played games, worked with a psychologist, summed up the year, and planned for the new year in addition to chemical experiments.

The Dila laboratory provided free coronavirus tests, as always, to make the camp safe for the participants. We thank you!



Marina is a member of the club and is now studying chemistry. She assisted Natalia at the camp

Charity events

More than 23 million hryvnias were raised by guests at the Tabletochki Giving Tuesday Dinner

Medical Center in Lviv to install an X-ray system for irradiating donated blood. 400 children a year with cancer and other serious illnesses will receive safe donor blood and better treatment.

Generous and kind guests of the event collected more than was needed for the X-ray system. Therefore, after the purchase, the funds were left over for other necessary help for the children.

Thank you to everyone who made this evening happen and helped the children so much!



The equipment that will be installed at the hospital, thanks to the dinner's generous guests, will provide quality treatment for children for many years to come





Singer Zlata Ognevich has become an ambassador of Tabletochki

Zlata has repeatedly supported the Foundation's beneficiaries by organizing fundraising events and encouraging others to get involved in helping children under our care.

Ambassadorship is a special status. It means that Zlata will regularly raise public awareness of the needs of children with cancer and participate in actions and initiatives in their favor.

We are delighted that Zlata Ognevich has become the friend of children in need of special support. Thank you for your sensitivity and open heart!



Bozhena (right) and Zlata, the Teenage Winners' Club girls, came along to congratulate Zlata on her new status.



Thanks to regular help, eight-year-old Katia is getting the treatment she needs at Okhmatdyt



Children gained 2,100 new superfriends

In September and October, 2,110 donors signed up for a monthly donation #forTabletochki for regular support for children battling cancer!

Thanks to this, children will receive UAH 563,000 in guaranteed assistance every month or UAH 7 million a year! This will allow children to be treated on time, their parents to sleep better, and us – to plan help months in advance.

We are immensely thankful to our partner **Winner Group Ukraine** which not only doubled each first contribution but handed over a million hryvnias!

*Thanks for supporting the children!
It's so much easier to fight cancer with such true superfriends!*



UAH 1.16 million in aid received by children thanks to charity cashback from Monobank

In September and November, users of **Monobank** helped children under our care with **UAH 1,161,655** through a charity cashback.

Simply by paying with the card, customers of **Monobank** are bringing children closer to recovery.

We are grateful to everyone who activated the charity cashback! You are giving children a chance at a childhood without cancer! Thanks to Monobank for making help convenient and familiar. For the children and their families, your support is invaluable!

Five-year-old Arthur is one of the children receiving help from donors this winter



Previous TM Yagotynske's charity actions have helped Eva to get better. Eva now drinks "kind" milk to help other children



In October, the whole country drank #morethanmilk and helped children

During October, 50 kopecks from every sold package of "Velyke" milk of TM Yagotynske (2.6% fat) were donated by Molochny Alliance to help children under Foundation care.

Thanks to all who chose this milk! You have helped the children with UAH 250,000!



**The Ukrainians helped children
for the amount of UAH 1 million* by buying
La Roche-Posay products**

From 1st to 31st December 2021,
La Roche-Posay has traditionally donated
20 hryvnias for children from every product
sold in partner pharmacy chains and online
shops in Ukraine.

*Thanks to everyone who chose the best care
products!*

**As the campaign ended on 31 December, the funds
have been credited to the foundation's account in 2022.*

With La Roche-Posay,
you can look after yourself
and bring children like Pauline
closer to victory.



UAH 29.5 million was raised by ATB customers for children!

In just one month, the Ukrainians have helped children with UAH 29.5 million by taking part in the “It Concerns Me! What about you?” — an unprecedented large-scale charity event that has swept across the country.

The funds raised will go towards urgent children’s needs and infrastructure changes at regional cancer centers. This will improve the quality of treatment not only for the children being treated today but also for those who will be treated in the coming years. Follow our news to find out what help the children will receive.

In fact, there will be more aid than that. After all, ATB left the charity goods on sale after the campaign officially ended to help the children even more.

We thank everyone who became part of this incredible story: the ATB team, partner brands, agencies, the stars and their teams, and every Ukrainian who bought good products! It is you who are changing the lives of children with cancer today!

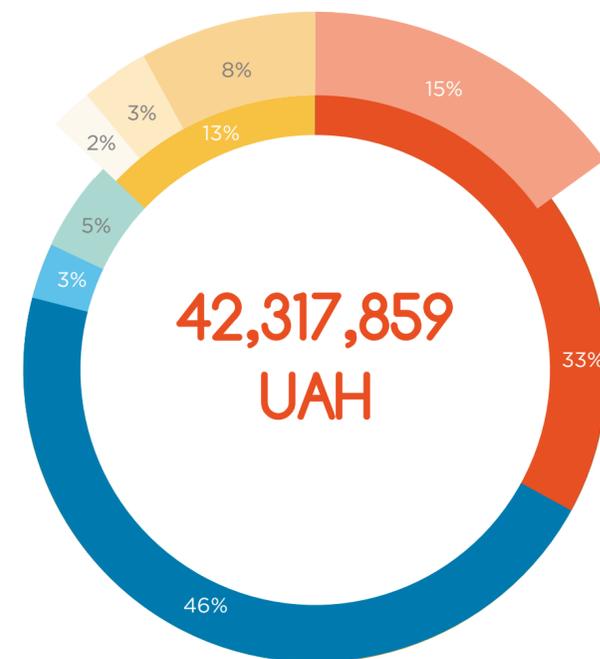


Seven-year-old Lukyan from the oncology department at Okhmatdyt also received good ATB products

Children received aid worth UAH 42,317,859 in the fourth quarter. Thank you!

In total, you have transferred **UAH 82,738,648** to help children, UAH 24,168,763 of which came from the “It Concerns Me! What about you?” action and UAH 23,176,316 from the charity gala event. The rest of the funds under both projects will be received in the first quarter of 2022.

Cost structure



33% UAH 13,8 million targeted assistance, of which:

15% UAH 6,2 million medicinal products from abroad

46% UAH 19,3 million assistance to the departments

3% UAH 1,4 million educational program for healthcare workers

5% UAH 2,2 million psychosocial support

13% UAH 5,7 million indirect costs, namely:

8% UAH 3,6 million fundraising costs

3% UAH 1,1 million administrative costs

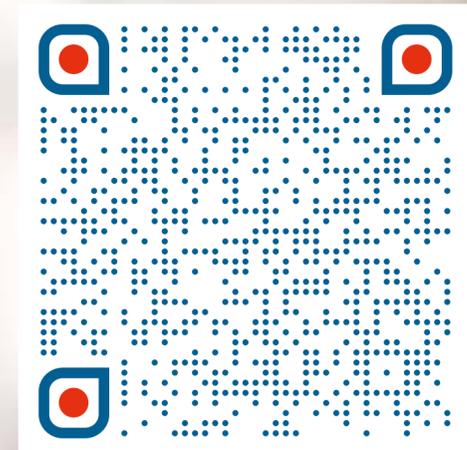
2% UAH 1,0 million communications costs

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Thank you!

*Please continue
to be with the children!*



tabletochki.org