

10
YEARS

♥ Tabletochki
**FIGHTING
CHILDHOOD
CANCER
TOGETHER**

Report
for the 1st quarter

2021



Welcome speech

Dear friends!

Thanks to your generosity, in January-March 2021, 585 children and their families received targeted assistance amounting to UAH 23.8 million. Thank you!

Your help gives children with cancer the most valuable thing — health, childhood, and pain-free holidays. Milana's story is the best illustration of this. Two years ago, donors helped the girl with extensive cancer treatment abroad. In March this year, Milana celebrated her fourth birthday. At home, with her family. Free from disease.

And the treatment that was necessary for Milana and that is annually required by at least a hundred children is now available in Ukraine. **You have been making such changes possible for 10 years now. Thank you for your help and unwavering faith in a future where no child in Ukraine dies of cancer!**

There is more to come ● ● ●
Sincerely yours, Tabletochki



Here are the results of your help for the first quarter!

585
children

received targeted
help

21
units

were under the care
of the Foundation

33
families

were under the care
of the palliative care
program

38
children

received assistance
in examination
and treatment abroad

104
healthcare
professionals

improved their
professional skills

Another two children's units began to receive systemic assistance

In March, we signed a memorandum of cooperation with the Volyn Regional Children's Hospital. Now your help is available there in the Neurosurgery and Oncohematology Units. Up to 30 children can be treated there at the same time.

In total, the Foundation supports 21 children's units in 12 oncology centers of Ukraine. You systematically provide them with medicines, consumables, laboratory reagents, and new equipment. Your charitable contributions allow renovating family rooms and other facilities.

There is still a lot of work ahead to make the treatment of children as high-quality and comfortable as possible. With your support, this work never stops even for a day. Thank you!



Partners helped children and healthcare personnel

Oncology units received respirators to the value of UAH 1.5 million

22,000 medical respirators protecting against infections were donated to the hospitals by ALLO partner. Thanks to the company, protection received children, their parents, and doctors in all 19 children's oncology units, which were under the care of the Foundation at that time. Such assistance is crucial during the pandemic.

The hospitals received new equipment

4 laptops and 70 tablets to the value of about UAH 290 thousand were donated by Lenovo Ukraine. The laptops have already been helping healthcare personnel of four units in Kyiv, Lviv, Lutsk, and Ivano-Frankivsk. A lot of nurses, who joined the educational program of the foundation, don't have home computers.

The tablets are used by healthcare professionals and children in 7 oncology centers. Doctors use them to write prescriptions and children get distracted from the procedures in the treatment rooms. The tablets can also be temporarily used by children in patient rooms if they don't have their own devices.

Help is not only about money. We are grateful to all the partners who support childhood and help healthcare professionals to get trained!



A team of hospital clowns entertained children in the oncology units of Okhmatdyt

A smile can also cure. This is well known to doctors in European and American clinics, where children are provided with as much childish entertainment as possible during their treatment. From now on this method is used in Ukraine. For example, in Okhmatdyt children are supported by our volunteers — hospital clowns.

Clowns help sick children release negative emotions that accumulate during months of painful treatment and recharge for further struggle. You can laugh at a clown, you can even get angry at him and shout — which sometimes children do. After such emotional "blasts" the child can take doctors and procedures easier.

When it was allowed by the quarantine restrictions, hospital clowns entered the units. During one of such visits, the clowns were joined by Volodymyr Zhovnir, the CEO of Okhmatdyt.

We organize special Schools of Hospital Clowns, where volunteers learn to communicate with children with cancer, improvise and support. And this all became possible thanks to your assistance. **You are the sponsors of childhood and happy smiles!**



Volunteers of the Foundation organized beauty days in Kyiv oncology units

The best children's hospitals are those where, in addition to quality treatment, one can find a cinema, a library, a circus, a school, or even a beauty salon if necessary.

Such a salon was regularly arranged by volunteers within cancer units with observance of the quarantine restrictions. Children with cancer and their relatives stay in the hospital for months. In the struggle for health, care for yourself and your appearance fades into insignificance. The volunteer beauty experts did haircuts, massages, masks, manicures for children and adults — everything they could to entertain them a little and distract them from the disease.

And thanks to Dila partner, the beauty days were safe. All volunteers took free coronavirus tests before going to the hospital.



18 families who lost a child to cancer regularly visited support groups

Not every child can be treated. But thanks to you, no family is left alone with their grief. We now have two support groups for families whose children have died of cancer. Each group meets every two months to talk to each other and to psychologists. At the meetings, parents can talk safely and openly about their dead children, about themselves, their feelings and fears — all that things that are not common to talk about in society.

Some families come with children. A child psychologist works separately with the siblings of deceased children. There are families who became friends and now spend time together and outside the support group.

"59 days have passed since the last meeting", summed up one of the mothers. Parents are waiting for support. **And you provide us with it. Thank you for this!**



The winning children spent four days in a camp in the countryside

Fight with cancer takes a long time. And mental recovery takes even more. After leaving the hospital, the families are confused, they are scared and do not understand what it is like to live a normal life. Thanks to you, the transition from illness to normal life is faster.

At the end of March, 14 teenagers from five regions went to the Anti-Stress for Seniors training. Meeting with their peers having similar experiences and emotions, helped overcome the stress of quarantine, school, and approaching exams.

In the form of games, children worked with psychologists to better understand themselves and their emotions and cope with challenges on the way to adulthood. And sometimes the games were just games to misbehave and laugh from the whole heart.

For some children, this training became the place of the first socialization after long-term treatment. 18-year-old Christina said that it's the first time in her life when she met so many peers at the same time. For some people, it became a place where everything is possible. Even to overcome the fear of water and learn to swim, like Zhenia.

Thank you for helping to develop a psychosocial rehabilitation program for the second year in a row! This support is priceless for the families.



Educational Program for Healthcare Professionals

A team of healthcare professionals from Dnipro was trained together with Belarusian colleagues specialized in bone marrow transplants

The capacities of Okhmatdyt are not enough for every child in need of a bone marrow transplant to receive it in Ukraine.

The development of transplants in the regions is necessary and work on this is already ongoing. Namely, in the Dnipro Regional Children's Hospital.

17 healthcare professionals of this hospital received funding under the Tabletochki educational program for a 10-day online internship at the Republican Research and Practice Centre for Pediatric Oncology, Hematology, and Immunology in Minsk. Belarusian specialists, who have been performing transplants for many years, including children from Ukraine, passed on their knowledge to the Ukrainian team.

Owing to the educational program, doctors attended a conference on cell therapy, which does not yet exist in Ukraine

CAR-T is a modern method of immunotherapy, practiced in the world to treat children with blood cancer and some other types of cancer. Sometimes Ukrainian children also receive such treatment abroad. To do this, parents have to raise huge funds. After the international conference on CAR-T therapy, Okhmatdyt doctors began to learn how to obtain certification and implement the method in Ukraine. That means our children have a chance to receive another modern treatment at home.



The main events and charity campaigns of the first quarter

On New Year's Eve, people all over Ukraine sent charitable SMS in favor of children with cancer

The "Priamyi" TV channel dedicated the New Year's broadcast to assistance to children. And urged its viewers to send an SMS to the number of Tabletochki — 88088. One message costs UAH 10 and the entire amount is credited for the treatment of children with cancer without any fees. Even at midnight on New Year's Eve, the children continued to receive help. In total, more than UAH 100,000 were sent to children during the broadcast.

In two days, the children got 1,394 new superfriends

Superfriends are donors who help children on a monthly basis. Such support allows us to plan assistance for the month ahead.

The more superfriends children have, the more stable assistance for them will be and the better their treatment will become.

On February 15, the International Childhood Cancer Day, Radio NV organized a two-day radio marathon and encouraged its listeners to sign up for monthly charitable contributions. And the campaign partner ALLO doubled every first contribution made in these two days.

Thanks to the radio marathon, the children got 1,394 superfriends more! Their help to children amounted to UAH 280,000 a month.



Since February, one can help children through a bot in Viber

To help should be convenient and easy. When the newest technology is combined with charity, helping children with cancer becomes even easier.

Thanks to Viber-Ukraine and Corezoid, the Foundation has its own chatbot and its own community in the most popular messenger of Ukrainians. From now on, you can really help children in three clicks and not even enter your credit card details, because the bot works with Apple/Google Pay. This is the first Viber-bot for contributions among Ukrainian charitable foundations.

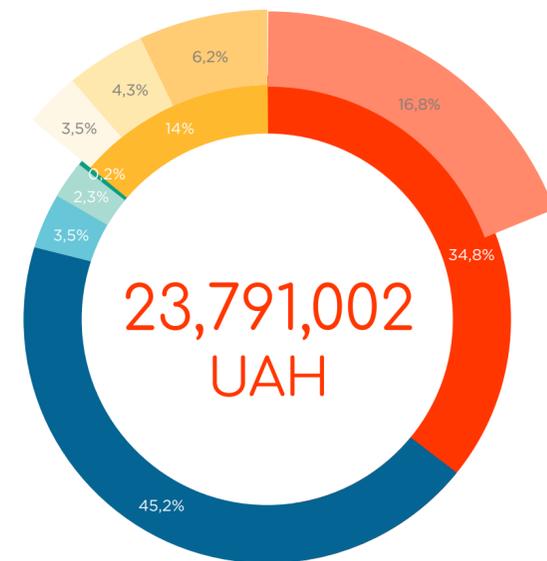
Join the [Viber community](#) to get news about the children you are helping. And make a donation to help them through the [Viber-bot!](#)



In the first quarter, children received help totaling UAH 23,791,002. Thank you!

In total, you have transferred **UAH 20,356,249** to help the children.

Expenditure structure

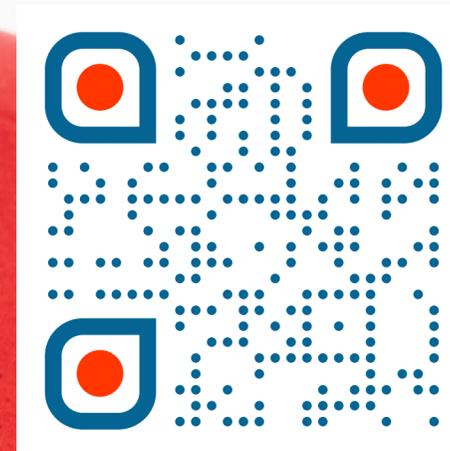


- 34,8% **8,3 UAH million** targeted help, of which:
 - 16,8% **4,0 UAH million** medicines from abroad
 - 45,2% **10,8 UAH million** help for departments
 - 3,5% **0,8 UAH million** educational program for healthcare professionals
 - 2,3% **0,5 UAH million** psychosocial support
 - 0,2% **0,06 UAH million** protection of rights of children with cancer

- 14% **3,3 UAH million** non-program costs, namely:
 - 6,2% **1,5 UAH million** fundraising costs
 - 4,3% **1,0 UAH million** administrative costs
 - 3,5% **0,8 UAH million** communication costs

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